## 200 OAK AVENUE KITTANNING, PA 16201

102 SOUTH STREET NEW BETHLEHEM, PA 16242

> 116 MAIN STREET LEECHBURG, PA 15656

> > 800-323-1333 724-548-7607

### WWW.ARCMANOR.ORG

#### **Our Mission:**

ARC Manor is a collaborative agency committed to effective addiction treatment and education. ARC Manor strives to enhance the quality of life and health of individuals, families, and communities.

Our Vision: Transforming Lives

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# ARC Manor 2018-2019 Annual Report

## 2018—2019 Annual Report

## **Our Services:**

- Confidential & Quality Services 24 hours a day
- Fully Licensed Residential, Partial Hospital, Intensive Outpatient, and Outpatient Treatment, and Medication-Assisted Treatment Programs
- Forty-Five Years of Experience in Addiction Services
- Knowledge of the Needs of Special Populations Including: Co-occurring Physical & Behavioral Health; Criminal Offenders; Veterans; Women; and Adolescents
- Comprehensive Intervention and Outreach Services
- Professional, Qualified, & Certified Staff Members

## **Our Personnel:**

## **Executive Team**

Michael Watterson, Psy.D.-Executive Director Connie Choncek, CPA, M.B.A.-Chief Fiscal Officer Cari-Marie Harmon, B.A., CADC-Clinical Director

#### Administrative Assistant Staff

Chris Mohney, B.S. Cheyenne McIntyre Jenelle Killen Breanna Hough Marissa Laake

#### **Intervention Staff**

Scott Patterson, B.A.-DUI Coordinator Lead Clinical Assist Jill Neiswonger, M.S.-CRN Evaluator and DUI Trainer Valerie Young, C.R.S.

## Medical Staff/Consultants

Clifford Vogan, M.D. Grace McGorrian, M.D.

#### **Treatment Specialists**

Jerica Yanik, B.A., CADC Mandy Moser, M.S., CAADC Aysa Alwine, M.A. Jody Mortimer, M.A., CCM, CAADC Nicole Umbaugh, M.S. Breanna Novick, M.A.

## Nurse Navigator

Lori Gehenio, B.S.N., RN

#### **Clinical Assistants**

Laurinda Strotman, C.R.S. Lead Clinical Assistant Valerie Young, C.R.S. Christina Griffin, C.R.S. Autumn Elders Stacey Cecconi, B.A. Cassandra Lamison Douglas Salyers, B.A.

## ARC Manor 2018-2019 Annual Report

## **Executive Director's Message:**

## **Mike Watterson**

This has been a year of growth, both for me professionally as well as for ARC Manor. We have expanded the residential center by adding three more beds, bringing our total to 13. This has given more access to care to those in our community that are seeking help for substance use. ARC Manor has also added the medication-assisted treatment program back to the Kittanning office, offering buprenorphine services to current clients in order to help sustain their recovery efforts. With this, the Nurse Navigator program has also been restarted. This wonderful program provides integrated care for clients who have mental health and/or physical health concerns in addition to substance use. ARC Manor also hosted an amazing fundraiser, with staff giving much of their own time and energy to help create a fun and extremely successful event. I want to thank the Board, staff, and community for their support in helping ARC Manor to move forward in a positive direction and for helping to make my first year as director an amazing experience.

	ARC Manor Board of Directors
	Liz White, President—Secretary/Treasurer, White Enterprises, Kittanning, PA
	Sheree Shafer, Vice President—CRNP, Children's Community Pediatrics,
Never doubt that a small group of thoughtful, committed, citizens can change the world. Indeed, it is the only thing that ever has. -Margaret Mead	Kittanning, PA
	Lee Walker, Treasurer—Registered Nurse, Kittanning, PA
	Cynthia Rearick, Secretary—Retired, Rural Valley, PA
	Tim Lehner—Marketing Coordinator/Designer, ACMH Hospital, Tarentum, PA
	Jackie Peters—Armstrong CYF Supervisor, Pittsburgh, PA
	Bradley Toy—Senior Vice-President, NexTier Bank Kittanning, PA
	Jody Mortimer, Staff Representative—Treatment Specialist, ARC Manor, Kittanning, PA
	Nina M. Fulton—School Counselor at Freeport Senior High School, Bell Township, PA
	Dean Bryan—Behavior Specialist Consultant at Family Psychological, McGrann, PA
	Gloria Carney—Recovery Ministries Coordinator at Salvation Army, Kittanning, PA
	Peggy Jo Revay—Accountant at Community Guidance Center, Ford City, PA
	Thank you to Cathy Slagle for serving on ARC Manor's Board.

I alone cannot change the world, but I can cast a stone across the waters to create many ripples. -Mother Teresa

# **Our Accomplishments:**

#### Intervention Services

ARC Manor's phone answers 24 hours a day, 7 days a week, offering the community a warm line service. In fiscal year, 2018—2019, ARC Manor completed 1,039 screenings to engage clients in treatment.

ARC Manor continues to manage the DUI Program for the Armstrong County Court of Common Pleas. In the 2018-2019 fiscal year, 290 evaluations were provided to people arrested for driving under the influence of alcohol or other substances and 220 individuals attended the Safe Driving Education Program.

#### **Treatment Services**

ARC Manor provided multiple treatment programs for individuals struggling with substance use disorders of any severity in our Kittanning, Leechburg, and South Bethlehem locations. Over the 2018-2019 fiscal year, the following numbers reflect the accomplishments for each program:

PROGRAM	# OF CLIENTS	# OF SERVICES
Residential	152	2,973 Days
Kittanning Partial Hospital	71	2,788 Hours
Kittanning Intensive Outpatient	113	2,636 Hours
Kittanning Outpatient	322	2,683 Hours
Leechburg Outpatient	24	152 Hours
South Bethlehem Outpatient	0	0 Hours
Medication Assisted Treatment	6	7.5 Hours

#### Significant Events for Treatment Services

- ARC Manor achieved full licensure for all treatment services at the Oak Avenue location in Kittanning and at the Leechburg Satellite location. The agency is licensed by the Pennsylvania Department of Drug & Alcohol Programs, Division of Program Licensure.
- ARC Manor's average score utilizing the Client Satisfaction Questionnaire was 30.01 This rating is well above the national standard for behavioral health care of 27.09. 80% of the respondents reported that they would refer friends to ARC Manor.
- ARC Manor expanded the residential capacity from 10 beds to 13 beds, allowing for improved access to care for those in the community that require inpatient treatment.
- ARC Manor's Board of Directors approved the Medication Assisted Treatment program which started on 5/30/2019 and provides Buprenorphine for clients assessed and referred to the program in order to prevent relapse and support recovery efforts.

Though nobody can go back and make a new beginning, anyone can start over and make a new ending.

-Chico Xavier

It does not matter how slowly you go as long as you do not stop.

-Confucius

# Fiscal Year 2018-2019—Financial Statement

-Revenue-	
Single County Authority	
Armstrong/Indiana/Clarion (includes PCCD, ACT 152, & Enhanced Funds)	\$ 137,306.54
Other SCA's	34,968.00
Client Fees	31,163.55
United Way	3,484.50
Human Service Development Fund (Armstrong County)	8,755.00
Value Behavioral Health/Beacon Health Options	781,271.66
Community Care Behavioral Health & Other Medical Assistance	24,790.22
Private Insurance	114,330.67
Intervention Income (Include Act 198)	85,565.95
Donations	16,557.75
Grants	15,000.00
Medical Assistance	1,004.15
Other Income	10,297.65
Fundraising Income	12,067.50
Interest	20.70
TOTAL REVENUE	\$ 1,276,583.84
-Expenses-	
Salaries	\$ 690,109.85
Benefits	266,228.97
MAT-Building Renovations Expenses	50,000.00
Depreciation Expense	9,445.50
Staff Development	6,202.30
Consultant Expenses	8,958.37
Occupancy Expenses	57,889.12
Insurance	10,024.53
Communications	21,967.99
Program Supplies	10,465.28
Purchased Client-Oriented Services	16,052.25
Client Transportation Expenses	10,765.59
Food Expense	38,952.41
Residential Expenses-Other	1,134.25
Medical Supplies and Drugs	6,349.56
Equipment Maintenance	56,843.32
Meeting Expense	365.17
Minor Equipment/Furniture	5,439.09
Office Supplies	3,699.19
Fundraising Expenses	2,275.39
Other Expenses	36,535.11
Staff Travel	4,773.86
Vehicle Maintenance Expense	3,114.63
TOTAL EXPENSES	\$ 1,317,591.73
Other Unrealized Gain/Loss	-10,363.51

ARC Manor 2018- 2019 Annual Report

Financial statement as of September 6, 2019. This is an un-audited financial statement. A full audit will be available upon completion.

#### ARC Manor 2018-2019 Annual Report

Non-Profit Org. U.S. POSTAGE

PAID

Kittanning, PA 16201 Permit No. 140

MANOR 200 OAK AVENUE KITTANNING, PA 16201

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Eligibility for ARC Manor Programs is open to anyone who has a problem with alcohol and other drugs or is impacted by substance abuse. No one is discriminated against on the basis of age, race, creed, sex, ethnicity, color, national origin, marital status, sexual orientation, handicap or religion.

ARC Manor's priority populations include:

Pregnant injection drug users, Pregnant substance abusers, Injection drug users, Individuals who have overdosed, Veterans, and

All others: adolescents, co-occurring, clients with severe medical issues, and/or clients individually reviewed by the primary Case Manager and the Case Management Supervisor or Executive Director and deemed appropriate for priority population status

ARC Manor is licensed by the Department of Drug and Alcohol Programs, Division of Program Licensing, and is funded, in part, under a contract with the Pennsylvania Department of Drug and Alcohol Programs. Basic data for use in this study were supplied by the Pennsylvania Department of Drug and Alcohol Programs, Harrisburg, Pennsylvania. DDAP takes no part in and is in no way responsible for any analyses interpretations or conclusions. ARC Manor is also funded in part by the Armstrong-Indiana-Clarion Drug and Alcohol Commission, the Armstrong County United Way, the Armstrong County Commissioners through a grant from the Human Services Development Fund, private grants, fees, and community donations.