20/21 Annual Report ARC MANOR

Our Mission:

ARC Manor is a collaborative agency committed to effective addiction treatment and education. ARC Manor strives to enhance the quality of life and health of individuals, families, and communities.

ARC Manor 200 Oak Avenue Kittanning, PA 16201 800-323-1333 recover@arcmanor.org arcmanor.org



Our Services

- Licensed Programs including:
 - Residential
 - Intensive Outpatient
 - Outpatient Treatment
 - Nurse Navigator
 - Medication-Assisted Treatment
 - Adolescent Treatment
 - Gambling Treatment
- Confidential & Quality Services 24hours a day
- Over Forty-Five Years of Experience in Addiction Services
- Knowledge of the Needs of Special Populations Including: Co-Occurring Physical & Behavioral Health; Criminal Offenders; Women, and Adolescents.
- Professional, Caring, Qualified, & Certified Staff

Service Locations Include:

- 200 Oak Avenue, Kittanning, PA
- 116 Main Street, Leechburg, PA
- 102 South Street, New Bethlehem, PA



Our Personnel

Executive Team

Michael Watterson, PsyD-Executive Director Connie Choncek, CPA, MBA-Chief Fiscal Officer Mandy Moser, MS, CAADC-Clinical Director

Program Supervisors

Jerica Yanik, BA, CADC-Residential Program Supervisor Jody Mortimer, MA, CCM, CAADC-Criminal Justice Supervisor

Administrative Assistant Staff

Jenelle Fotheringham Marissa Laake Lindsay Earley, BS Autumn Blakeley

Treatment Specialists

Stacey Cecconi, BA, CRS Breanna Hough, BS Denise Johnson, MS, LBS Ariel Ware, MSW Desiree Birdseye, MA Sherrie Peterson, BA Lori Fuqua, BA

Nurse Navigator Maria Eshelman, BSN, RN

Clinical Assistants Lauri Strotman, C.R.S.-Lead Clinical Assistant Jeffery Foster, Medical Assistant Roger Miller, C.R.S. Stacey Rybarik Ashley Waterloo Julia Borgne

Medical Staff/Consultants Clifford Vogan, M.D. Grace McGorrian, M.D.

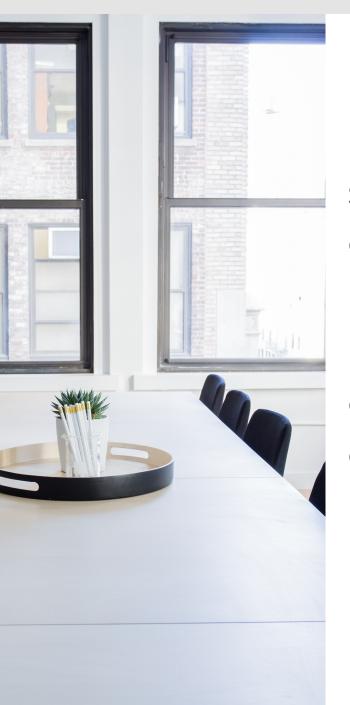


ARC Manor Board of Directors

Liz White, President

Sheree Shafer, Vice President

Lee Walker, Treasurer



Dianne Emminger Heather Niceley Bradley Toy Stacey Cecconi Cindy Rearick Nina Fulton Dean Bryan Gloria Carney Chris Cassesse

ARC Manor thanks the Board Members who had served on the board last year. This includes, Jackie Peters, Tim Lehner, Jody Mortimer, and Peggy Jo Revay.

Executive Director's Message Mike Watterson

I had hopes that this year would have been different than the previous due to the significant impact that COVID had on our community, but this year continued to offer a similar experience. Despite this, our staff have been resilient and sustained their passion for helping others. They have rallied together to support one another and have risen to the needs of our community which persist in increasing in acuity and severity. I am incredibly proud to be part of a team that cares so much for others and am thankful for the support that they give to our clients. We continue to transform lives.



Our Accomplishments



Treatment Services

Intervention Services

- ARC Manor's phone answers 24-hours a day, 7 days a week, offering the community a warmline service.
- This fiscal year, ARC Manor staff completed 1,096 screenings to engage clients in treatment.
- ARC Manor managed the DUI Program for the Armstrong County Court of Common Pleas during the 2020-2021 Fiscal Year. This year, 322 evaluations were provided to people arrested for driving under the influence of alcohol or other substances and 131 individuals attended the Highway Safe Driving Education Program.

ARC Manor provided multiple treatment programs for individuals struggling with substance use disorders of any severity in our Kittanning and Leechburg locations. Over the 2020-2021 fiscal year, the following numbers reflect the accomplishments for each program:

| Program | # of Clients | # of Services |
|-------------------------------|--------------|------------------|
| Residential | 106 | 2,629 Days |
| Partial Hospital | 52 | 1,416 Hours |
| Intensive Outpatient | 115 | 3,333 Hours |
| Kittanning Outpatient | 402 | 3,023 Hours |
| Leechburg Outpatient | 5 | 54 Hours |
| South Bethlehem Outpatient | 0 | 0 |
| Medication Assisted Treatment | 50 | 306 Appointments |
| Jail Program | 85 | 604 Hours |

Treatment Highlights

- ARC Manor was able to offer treatment services to those in the Armstrong County jail. Individual and group therapy are offered five days a week, as well as coordinating treatment for those in the jail's MAT program.
- ARC Manor was able to renovate the residential center which created more showers for the residents and 3 more beds. The lounge and the kitchen were also updated in the renovation, allowing for all meals to be prepared at the center. Once COVID protocols permit, the agency will request an increase in capacity from 13 beds to 16 beds.
- ARC Manor restructured the residential schedule to include counselor facilitated groups to occur daily, offering 6-8 hours of structured therapy per day, including weekends.
- ARC Manor continued to offer treatment services in-person and through telehealth to meet the needs of our community during the pandemic.

Client Outcomes

- 77% of respondents reported that they would refer a friend in need to ARC Manor.
- On follow-up surveys, 85% of respondents reported no substance use after one month and 68% reported no substance use after 6 months.
- On follow-up surveys, 88% of respondents reported improvement in their quality of life, including areas such as relationships, physical health, mental health, and work/school.



Financial Statement Fiscal Year 2020-2021

Revenue

| Single County Authority | |
|--|---------------|
| Armstrong/Indiana/Clarion (includes PCCD, ACT 152, & Enhanced Funds) | \$ 302,157 |
| Other SCA's | 5,523 |
| Client Fees | 27,655 |
| United Way | 1,280 |
| Human Services Development Fund (Armstrong County) | 24,729 |
| Beacon Health Options | 749,631 |
| Community Care Behavioral Health & Other Medical Assistance | 162,245 |
| Private Insurance | 113,524 |
| Intervention Income (Includes Act 198) | 74,953 |
| Donations | 38,843 |
| Grants | 64,353 |
| Other Income | 7,405 |
| Interest | 54 |
| | |

Total Revenue

| 2 |
|---|
| |

| Expenses | |
|------------------------------------|--------------|
| Salaries | \$ 838,160 |
| Benefits | 261,044 |
| Building Renovation Expenses | 21,427 |
| Depreciation Expense | 12,369 |
| Staff Development | 3,666 |
| Consultant Expenses | 10,250 |
| Occupancy Expenses | 46,246 |
| Insurance | 13,212 |
| Communications | 25,610 |
| Program Supplies | 12,471 |
| Purchased Client-Oriented Services | 66,546 |
| Client Transportation Expenses | 7,060 |
| Food Expense | 28,895 |
| Medical Supplies and Drugs | 8,777 |
| Equipment Maintenance | 52,907 |
| Meeting Expense | 220 |
| Fundraising Expense | 307 |
| Office Supplies | 5,611 |
| Other Expenses | 44,804 |
| Staff Travel | 401 |
| Vehicle Maintenance Expense | 8,406 |
| Total Expenses | \$ 1,468,389 |
| Unrealized Gain/Loss | 6,577 |
| Net Income | \$ 110,540 |

Financial statement as of September, 23, 2021. This is an un-audited financial statement. A full audit will be available upon completion. Eligibility for ARC Manor Programs is open to anyone who has a problem with alcohol and other drugs or is impacted by substance abuse. No one is discriminated against on the basis of age, race, creed, sex, ethnicity, color, national origin, marital status, sexual orientation, handicap or religion.

ARC Manor's priority populations include:

Pregnant injection drug users, Pregnant substance abusers, Injection drug users, Individuals who have overdosed, Veterans,

and

All others: adolescents, co-occurring, clients with severe medical issues, and/or clients individually reviewed by the primary Case Manager and the Case Management Supervisor or Executive Director and deemed appropriate for priority population status

ARC Manor is licensed by the Department of Drug and Alcohol Programs, Division of Program Licensing, and is funded, in part, under a contract with the Pennsylvania Department of Drug and Alcohol Programs.

ARC Manor is also funded in part by the Armstrong-Indiana-Clarion Drug and Alcohol Commission, the Armstrong County United Way, the Armstrong County Commissioners through a grant from the Human Services Development Fund, private grants, fees, and community donations.

